



Ms. Agostini

DE 101 / Pd. 4

August 16, 2022

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Being The Best I Can Be

When I played football, I would ask myself everyday if this was for me. I didn't know if this is what I should use up my time on. I had the same thoughts when I danced. I don't dance anymore, but I learned lots of things and met lots of people. I don't play football anymore but I learned a few things from being with the team, and being with my coaches. I learned that having a schedule is always helpful at keeping things organized and neat. I also learned that when I do something, that I should stay consistent on doing it at appropriate times. I would get set back a few times because I wouldn't be consistent or reliable. I would get the feeling of not wanting to do anything and just wanting to quit, but I persevered and stayed on the team as long as I could. I won't forget my teammates and who I became friends with. When I watch them go on into college football and into the NFL, I'll remember the fun times we had together on the field, in the locker room, and when we would hang out together in and outside of school. Now I know that I should hold onto the experiences and lessons I learned while playing football. I will always try to be patient, consistent, flexible, and be a reliable person. I want to be there for others and for my 4 little sisters and be the best big brother ever. I want to be a good role model for them because I didn't have the best role models. I didn't have a dad growing up, so I want my sisters to have a good relationship with mom and dad so that they don't go through what I went through. That is why I want to be a

reliable person that they can rely on. I want them to come to me when they are having problems and issues and ask me for help. I will always do my best to help them through whatever problems they are experiencing. Anything from a break up, or even help on homework. I want to be a flexible person that can come whenever I am able to and someone reliable who they can come to with their problems. I want to be a consistent person with helping others with their problems so that others outside of friends and family know that they can come to me for advice, or for help. I am a good listener and would like to hear about other people's problems to try to help them figure out a solution or compromise as a solution. If listening to others' problems can help them, I am all open to hearing about your problems in life and wanting to find help to solve them. I will do my best to help you or anyone else to find the right answer to the problem at hand. That is what I learned from my experiences in football and everything before. That is to be a reliable person and be able to cheer for others and be a teammate to everyone even if you're not playing anything. Just always be helpful and be consistent with everything I do on a daily or weekly basis.